



2009 Post Adoption Education Series



Education Workshops



Adopted: The Movie

2.5 hours

This workshop will offer the viewing of an 80 minute documentary focusing on transracial adoption, and will follow with an interactive group discussion facilitated by Dr. Samantha Wilson.

An excerpt from the website, www.adoptedthemovie.com, describes the movie, “*Adopted* reveals the grit rather than the glamour of transracial adoption. First-time director Barb Lee goes deep into the intimate lives of two well-meaning families and shows us the subtle challenges they face. One family is just beginning the process of adopting a baby from China and is filled with hope and possibility. The other family’s adopted Korean daughter is now 32 years old. Prompted by her adoptive mother’s terminal illness, she tries to create the bond they never had. The results are riveting, unpredictable and telling. While the two families are at opposite ends of the journey, their stories converge to show us that love isn’t always enough.”

Note: While to content of the documentary focuses primarily on adoption from Asian countries, the concepts of the documentary are valuable for any transracial adoptive family, whether adopting domestically or internationally.



Child and Infant Massage: A Tool for Bonding

2 hours

Child and infant massage is a way to express love to your child, encourage the bonding process, and promote sensory integration. This workshop is designed to provide information on the reasons for and benefits of massage with your adopted child, how to be sensitive to your child’s non-verbal signals, and an opportunity to hear about and practice techniques on soft dolls. This workshop is appropriate for families who have adopted both domestically and internationally.



CPR for the Adult, Child and Infant

3 hours

This workshop is designed to give you the confidence to respond to your child with life saving skills if a situation would arise where s/he is in need of breathing or cardiac assistance. This workshop consists of comprehensive, current, and high quality instruction. Lecture, video, and hands on training will teach life saving techniques for individuals of all ages. This training will have an extra emphasis on infants and children age 12 and under in need of breathing and cardiac assistance. This workshop is taught by a certified American Red Cross CPR instructor and follows the American Red Cross training curriculum. After successful completion of the training, participants will receive American Red Cross CPR certification valid for one year.

Pre-requisite: Bethany waiting, adoptive, or foster family

Fee: \$10 per person for certification & materials

Note: This workshop does not count towards the State of Wisconsin 18 hours of Core Competencies for Adoptive Parent Education. This does count toward foster parent licensure.



Discipline: Does Adoption Make a Difference?

2.5 hours

All children need structure and stability in their lives and parents who model and monitor effective behaviors. Is disciplining an adopted child different than for biological children? Through this workshop you will learn effective strategies for dealing with general behavioral issues that are common in children, both biological and adopted. This workshop will also discuss techniques and situations where adoption may impact discipline techniques.



Education, School, and Your Child

2.5 hours

Creating a positive atmosphere regarding adoption in your child's school is not always an easy task. Preparing your child for questions they may encounter from classmates is even more difficult. Additionally, connecting your child with appropriate educational resources can be a daunting task, especially if your child has unique concerns. This workshop is designed to address unique school-related topics children who have been adopted.



Insights From Adult Adoptees

1.5 hours

Do you ever wonder what your child may be thinking or feeling? Do you wonder what thoughts they may have as they get older? Join us as we hear directly from a panel of adult adoptees. Learn from their experiences as they share their unique perspective.



Maintaining Healthy Hair and Skin for Transracially Adopted Children

2 hours

Your child's appearance is important for their self image. Understanding how to adequately care for hair and skin is crucial for encouraging your child's self esteem. Many adoptive parents do not know how to adequately care for their child's hair and skin needs. This workshop will include practical information on caring for ethnic hair and skin. Helpful techniques will be shared and demonstrated on models, as well as useful products and important tips. This workshop will be taught by a professional hair stylist.



Understanding Post Adoption Depression Syndrome

1.5 hours

There are many normal feelings that surround the adoption of a child. Until recently, only some of those feelings were openly discussed. This workshop is designed to discuss post adoption depression and learn ways to cope with the emotions and feelings that surround post adoption depression.

Recommended Reading: *The Post Adoption Blues: Overcoming the Unforeseen Challenges of Adoption*, by Karen J. Foli



Understanding Transracial and Transcultural Needs in Adoption 2.5 hours

Parenting across racial and cultural lines involves unique topics which are often not addressed in general parenting workshops. This workshop will help you better understand the dynamics of becoming a multicultural family built through adoption and will discuss how you can help your child grow up self assured, and culturally competent.

Special Events



Resource Library Open House

Thursday, March 19 3:00 PM – 7:00 PM

Bethany Christian Services of Wisconsin now has over 800 adoption and multicultural books and resources available for families to check out from our Waukesha and Fond du Lac offices. Come explore our resources and enjoy an evening of fellowship, snacks, and story time!



From Understanding to Hope: The Journey Through Life With Your Adopted Child

Saturday, October 10 8:15 AM – 4:15 PM

Among our greatest hopes for our children is that they will be joyful, loving members of our families, and that they will have lives filled with contentment and meaningful relationships. For many parents this hope seems beyond reach. Dr. Karyn Purvis, an internationally recognized adoption expert and co-author of *The Connected Child: Bringing Hope and Healing to Your Adoptive Family*, will speak on: *The Adventure of a Lifetime, The Attachment Dance, Sensory Integration and the Behavior Connection, and Putting it All Together.*

For more information, including cost, registration, and location information, visit

www.bethanywisconsin.org, or www.cornerstone-pca.com.



Celebrate Adoption With Style

Saturday, November 14

Time: TBD

Join us for our second annual celebrate adoption with style. This event honors and celebrates families created through adoption with a fashion show, silent auction, and luncheon. Models for the event are children who have been adopted through Bethany. Proceeds for the event will go to expanding Bethany's Post Adoption Services.

For Bethany workshops, please register at least two weeks prior to the workshop.

For information details or to register, please contact:

Danielle Nelson, MSW, Adoption Education and Support Coordinator, dnelson@bethany.org

Bethany Christian Services, N14W23755 Stoneridge Drive, Ste. 265, Waukesha, WI 53188

262-547-6557

2009 Schedule Of Events

See website for maps/driving directions www.bethany.org/wisconsin

January	<p>CPR Saturday, January 24 1:30 PM – 4:30 PM Location: Bethany Office – Waukesha, N14W23755 Stoneridge Dr, Ste 265, Waukesha, WI 53188</p>
March	<p>Resource Library Open House Thursday, March 19 3:00 PM – 7:00 PM Locations: Bethany Office – Waukesha, N14W23755 Stoneridge Dr, Ste 265, Waukesha, WI 53188 Bethany Office– Fond du Lac, 14 Western Ave, Ste 2, Fond du Lac, WI 54935</p>
April	<p>CPR Saturday, April 25 1:30 PM – 4:30 PM Location: Bethany Office – Waukesha, N14W23755 Stoneridge Dr, Ste. 265, Waukesha, WI 53188</p>
	<p>Discipline: Does Adoption Make a Difference? Tuesday, April 28 6:00 PM – 8:00 PM Location: Bethany Office – Waukesha, N14W23755 Stoneridge Dr, Ste. 265, Waukesha, WI 53188</p>
June	<p>CPR Tuesday, June 16 6:00 PM – 9:00 PM Location: Bethany Office– Fond du Lac, 14 Western Ave, Ste 2, Fond du Lac, WI 54935</p>
July	<p>Education, School, and Your Child Tuesday, July 14 6:00 PM – 8:30 PM Location: Bethany Office – Waukesha, N14W23755 Stoneridge Dr, Ste 265, Waukesha, WI 53188</p>
	<p>Maintaining Healthy Hair and Skin for Transracially Adopted Children Saturday, July 25 9:00 AM – 11:00 AM Location: River Valley Church, 1331 High Ave, Oshkosh, WI 54901</p>
	<p>Insights From Adult Adoptees Thursday, July 30 6:30 PM – 8:00 PM Location: TBD – Waukesha/Brookfield Area</p>
September	<p>Understanding Transracial and Transcultural Needs in Adoption Tuesday, September 15 6:00 PM – 8:30 PM Location: TBA – Waukesha/Brookfield Area</p>
	<p>Adopted: The Movie Tuesday, September 22, 6:00 PM – 8:30 PM Location: Brookfield Christian Reformed Church, 14135 Burleigh Rd, Brookfield, WI 53005</p>

October

From Understanding to Hope
Saturday, October 10, 2008
Location: Cornerstone Church, N6 W31449 Alberta Drive, Delafield, Wisconsin 53018

CPR
Saturday, October 24 1:30 PM – 4:30 PM
Location: Bethany Office – Waukesha, N14W23755 Stoneridge Dr. Ste, 265, Waukesha, WI 53188

Child and Infant Massage: A Tool for Bonding
Wednesday, October 28 6:00 PM – 8:00 PM
Location: Bethany Office – Waukesha, N14W23755 Stoneridge Dr, Ste 265, Waukesha, WI 53188

November

Celebrate Adoption With Style
Saturday, November 14, Time: TBD
Location: Country Springs Hotel Ballroom, 2810 Golf Road, Waukesha, WI 53187
Reservations required

December

Understanding Post Adoption Depression Syndrome
Tuesday, December 1 6:30 PM – 8:00 PM
Location: Bethany Office – Waukesha, N14W23755 Stoneridge Dr. Ste, 265, Waukesha, WI 53188

Adoptive Parent Education Registration Form

for families adopting through the State Special Needs program, or working with an agency other than Bethany Christian Services

Cost is \$25 per hour per couple (i.e. a three hour workshop is \$75 per couple).

Name: _____

Address: _____

Phone: _____ Email: _____

Adoption Agency: _____

Adoption Program/Country: _____ Age of Child Requested: _____

Workshop(s) Planning to Attend	Date	Cost

Payment is enclosed. Make checks payable to Bethany Christian Services. Include workshop in memo.

Return registration and payment to: Danielle Nelson, MSW
Bethany Christian Services
N14W23755 Stoneridge Drive, Ste. 265
Waukesha, WI 53188