

**FREE GROUP AND
ACTIVITIES**



GROWING AFTER ADOPTION CHILDREN'S GROUP

This group will be led by trained therapists who will provide information and support to the children. It will serve as a safe place to meet, interact, and learn with other adopted children.

Where:

Bethany Christian Services • 12048 James St • Holland, MI
616.396.0623 • www.bethany.org/holland

When:

Third Tuesday of the month from 5:30 to 7:30 p.m.

Who:

Adopted children between the ages of 7 and 13

Pizza:

Served from 5:30 to 6:00 p.m.
Meeting will run from 6:00 until 7:30 p.m.

There is no charge for this group!

Topics will include:

- Self-esteem
- Identity
- Grief and loss
- Problem-solving skills
- Anger management
- Feelings expression
- Stress management
- Trauma, and more!


BETHANY[®]
CHRISTIAN SERVICES
CALLED TO CARE. COMMITTED TO CHILDREN.